



Skin Skills

EDUCATE • EMPOWER • EVOLVE

*Advanced Course in*

# SKIN CLASSIFICATION

For Aesthetic Physicians



## GENERAL INFORMATION

**Duration:** 2 Days

**Course fee:** R 4 500 Per Person

**Developed for:** Medical professional with a special interest in facial aesthetics

**Dates:** 1-2 March 2019 & 5-6 July 2019

**Included:** Coffee, tea, light lunch

**Accreditation:** Skin Skills Certificate of Attendance



Skin Skills

EDUCATE • EMPOWER • EVOLVE

*Advanced Course in*

# SKIN CLASSIFICATION

For Aesthetic Physicians

This short course was developed for General Practitioners and dentists specializing in Aesthetic procedures who wish to improve their knowledge on skin to an advanced level.

## COURSE OUTCOME

- Advanced Skin Anatomy and Physiology relating to facial skin.
- Focus on cellular function in each skin layer and how dysfunction in these layers will visibly manifest on the skin.
- Cause, manifestation and treatment of skin conditions treated in clinics daily.
- Pre conditioning and preparation of skin for collagen induction and resurfacing procedures.
- Effect of lifestyle, disease and gut health on the skin.
- Controllable and uncontrollable factors influencing skin health.
- How to offer a holistic approach and combination therapies including Rx medication, supplementation, treatment protocols and homecare regimes for optimum results.
- Protocol development considering a patient's expectations, budget and time.
- Basic knowledge on cosmetic biochemistry and selecting most suitable ingredients for various skin conditions.
- Improving patient compliance and loyalty.
- Micro needling: Safe, effective use of devices and desired clinical end points for various conditions.
- Micro needling: Combining most effective complimentary treatments and homecare ingredients for more effective results.
- Chemical peels: Overview of peeling agents, its classifications, indications and safety of use .

Training is brand agnostic and provides anyone treating skin, the tools and knowledge to customise product and protocol prescriptions relevant to any brand of product and/or devices.